



LEADS 2014

A Soul-Winning Handbook for Michigan Conference Public Campus Ministries
Given to Students/Pastors/Leaders attending
CAMPUS
Leadership Education And Development Seminars

Prepared by:
The CENTER for ADVENTIST MINISTRY to PUBLIC UNIVERSITY STUDENTS
Michigan Conference of Seventh-day Adventists

Dear LEADS Attendee:

On behalf of our CAMPUS team, I would like to welcome you to our 2014 CAMPUS Leadership Education And Development Seminars.

This year, more than any other, is one to be excited about. Our purpose for our summer session is to train and prepare attendees for evangelism in this upcoming year. There are thousands of students on our public university campuses today who will graduate without ever being introduced to Christ. Wouldn't it be wonderful if each of us could use all of our energies and talents for reaching at least one of them to the Savior who died for them?

Our goal this year to develop leaders who will serve as missionaries on our public university campuses. The theme to guide us is: EACH ONE REACH ONE. A revolution for Christ on public campuses starts with faithful individual effort. By being faithful to our calling as Adventist leaders on public university campuses, we can do something that only heaven can imagine.

As we learn, pray, network, and worship, my prayer is that a burden will grow ever stronger in our very souls so that this year, each one will reach one.

Yours in Christ,

A handwritten signature in black ink, appearing to read 'Israel Ramos', with a long horizontal flourish extending to the right.

Pastor Israel Ramos
Director

EACH ONE REACH

CAMPUS
2014
THEME

INFUSION

“Salt must be mingled with the substance to which it is added; it must penetrate and infuse in order to preserve. So it is through personal contact and association that men are reached by the saving power of the gospel. They are not saved in masses, but as individuals. Personal influence is power. We must come close to those whom we desire to benefit.”

THOUGHTS FROM THE MOUNT OF BLESSING, p. 36

“YOU ARE THE SALT OF THE EARTH”

MATTHEW 5:13



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FIVE WAYS TO INTERACT WITH YOUR LOCAL CHURCH

STUDENT TIPS



1. Hunt Down Your Pastor

With busy schedules and a lot on their plates, it is sometimes difficult to get the support of the local pastor that the student group craves. Giving up is never the answer! Put it upon yourself to do whatever it takes to gain your pastor's support. Some pastors will be more supportive than others. At minimum, keep your pastor updated—it will avoid potential future challenges and often times results in being one of the best things your student group has ever done.

2. HELP!

Nothing warms up the church to the local student group more than a helpful student body. Think about it: you have no money, you're using up church finances, and you probably eat the equivalent of two or three church ladies. Help during potluck: wash dishes, set up tables, vacuum, lift things that others can't carry, ASK HOW YOU CAN BE OF SERVICE. This will give the impression that you are a church investment, not a parasite.

3. Good Ideas/Bad Ideas

Everyone is full of, both, good and bad ideas. Making yourself available is honorable. Doing the right thing at the right time is USEFUL! For the most part, your ideas will be good if they follow this basic criteria: cheap, evangelistic, biblical. If you spend time in thought and prayer, you'll be surprised how things you can come up with! Don't keep the good ideas to yourself, share them with other Adventist student groups as well!

4. Adopt A Parent or G-Parent

Believe it or not, there is a lot that you can learn from your local church. All those old grandmas have a lot of wisdom and it is our privilege to learn to see life from their perspective. There are many church members who will love the idea of adopting, mentoring, and befriending a student. Your college experience will be totally enhanced if you're lucky enough to connect with them!

5. Love Your Church

You'll be surprised how badly churches want to be loved for who they are, and how infrequently this happens. Of course your church will have problems! It's a hospital for religiously sick people. Love your church no matter how it looks: small, big, grumpy, way too happy!

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OUTREACH IDEAS

MOVIE SHOWING

Show an Amazing Facts film:

- The Bride, The Beast, and Babylon
- Cosmic Conflict
- The Final Events

Follow up with discussion questions. Make a good tagline, or use this one:

You Are Invited to a FREE Movie Night to watch this newly released movie on key prophecies in the book of Revelation that are still significantly impacting the Christian Church!

My Experience—

Our church advertised this through bulletin inserts encouraging church members to invite friends. We also sent out a customized email invitation using Mail Chimp that we emailed to all our interest list.

We had good attendance. At the conclusion of the film, we had an invitation to receive additional DVDs by the same speaker and then provided the first of Doug Batchelor's *Most Amazing Prophecies* series. We began DVD drop-off lessons with these and this led to a group Bible study on prophecy with one couple and their friends.

\$30,000.00 QUESTION

Set up a table with a large sign that says "\$30,000 Question: Answer This Question for A Year of Free Tuition"

Show from the Bible how/when Jesus changed the Sabbath from Saturday to Sunday.

Bring a stack of Bibles for people to use. Give them lifelines: call a pastor, parent or friend, use the internet, etc. Have a big check available for people to make it look cooler.

My Experience—

We did event at the University of Michigan and generated a lot of interest. Have a Sabbath GLOW track available to hand out to people!

GIFT EXCHANGE

Hold a yearly white elephant gift exchange. Nothing fancy. Invite friends and Adventists who haven't come through the previous semester.

My Experience—

It served as our initial contact with a person who didn't come to anything else for five years. Baptism was the result.

CARE PACKAGES: Finals Survival Kit

Give out dorm care packages—especially to freshman—door-to-door with contact information of the group. Best to do this during finals. Can consist of energy food, relaxation things, and others.

SINGING BANDS

Have groups of students with songbooks and a guitar and go into areas near campus and begin to sing. Choose songs that might be recognized like Amazing Grace or Mine Eyes Have Seen the Glory or America the Beautiful. Do a 15-minute impromptu concert and then mingle with those who come to listen afterward. Have some GLOW-literature to give out.

My Experience -

While in England, a group of university students did this in the city square. They had some good conversations with individuals afterward. People loved the music and some sang along.

CHALK ART

Write inspirational messages, Bible verses, or websites (Amazingfacts.org, bibleprophecytruth.com, glowcentral.org, etc. on the sidewalks) and advertise your student group/church on campus. You can combine this with Singing Bands.

HIT & RUN STUDIES

Quick, powerful, easy – given to strangers, friends, or to anyone, anywhere. What is a hit & run Bible study?

A Bible verse hand-written on a card and handed to another person.

It's effective because the personal handwritten card goes contrary to the media age we live in. Make sure the handwriting is neat and as cool as possible.

How to Get Started –

1. Choose a Bible verse you have enjoyed in your own personal Bible reading.

2. Write it in on a small index card. Can make several copies.
3. Carry it with you.
4. Give it to someone and say something like “I have a card for you.” “Did you get one of these?” “This is yours to keep.”
5. If you see a person regularly, you can bring a different card each time.
6. Make a record card with their name on it and each time you give a card write down which verse you gave.
7. Every day pray for that person and the cards you have given them. And that the verse you gave her will have an impression on her heart. Claim that verse for her.

TABLES

Never underestimate the power of simply setting up tables with a sign that advertises Bible studies.

60-SECOND BIBLE STUDIES

With a Bible in hand or a “hit and run” Bible cards, pray for an opportunity to share this one verse with someone each day. Instead of handing them the card, take the time to share the verse that is on it.

“I read something really great and I want to share it with you.”

Then read the verse on the card.

“I read something really great thing this morning and I want to share it with you. It says, ‘If any of you lack wisdom, let him ask of God, who gives to all liberally, and without reproach; and it will be given to him.’ In this promise God is promising to give us wisdom. And when I have decisions to make, I am really thankful for this verse, and I just wanted to share it with you.”

Then hand them the card.

As you practice giving 60-Second Bible studies, you will build more confidence. And with God’s power flowing through you and a burden in your heart for souls and a desire to share God’s Word with them, you will actually speak the Word of God to people.



BASIC CHAIR MASSAGE

1. Introduce yourself
 - a. Who you are
 - b. Why you're doing this
2. Are there any problem areas?
3. Keep even pace
4. Communicate
 - a. Too soft/Too hard
 - b. I'm going to...
5. If open, pray with them
6. Give them materials

Effleurage

Effleurage means long, soothing, stroking movements which are performed using the flat of the hand or fingers. One can apply oil evenly to the entire body using this method. Relax the hands and mold them towards the contours of the body. Apply slightly more pressure when you take the stroke in the direction of the heart to improve circulation and lymph flow. If you are working away from the heart, keep the pressure firmer on the return strokes. Following a fairly slow and continuous movement is essential. If Effleurage is used at the start of a massage, it helps in soothing and helping your partner get used to your touch. It also gives a relaxing finish, if used at the end of a massage. In between, it helps in providing more stimulating strokes.

Petrissage

The movements which involve various ways of kneading, rolling and picking up the skin and muscles, is called Petrissage. These movements help in strengthening the structures by stimulating the deep layers of tissue, and also help in increasing the supply of blood to the area. At the same time, they also improve the flow of lymph.

It believes in working out a single group of muscles, or an individual muscle, at a time. It is performed by starting first with the fingers pointing away from you, then pressing down with the palm, grasping the flesh between fingers and thumb and pushing it towards the other hand. A continuous action is followed which involves alternating the hands to squeeze and release. Light kneading eases the top muscle layers, while firmer kneading works on the deeper muscles.

Friction

Using the thumb, fingertips or knuckles, one can apply deep direct pressure to one particular site of muscular tension. This type of massage is called friction or "connective tissue massage". It is very useful for focusing on specific areas of tightness and muscle spasms in the back.

Static pressure is applied by leaning gradually into the muscle, slowly deepening the pressure without the rotation action. Press for a few seconds, then gradually release. Knuckling on the other hand is used in a loosely clenched motion, to release tension up the sides of the spine and in other areas. Remember not to work right on top of the spine bone.

Percussion

The fast and stimulating movements of massage are termed as Tapotement, or percussion movements. They include cupping, hacking, pounding (also called pummeling). Tapotement should not be used on a particularly bony area or on broken or varicose veins. The key to perfection is to keep the hands and wrists relaxed. These movements stimulate the blood circulation, tone and help strengthen sagging skin and muscles, especially the soft tissue areas, such as thighs and buttocks, which are prone to cellulite.

While cupping, gently curve the hands to make a loose-cupped shape, bending at the knuckles while keeping the fingers straight and firm, do not bend the fingers too far over. Using the cupped palm, make a cupping action against a fleshy area, alternating the hands quickly, thereby creating suction against the skin.

While pounding (or pummeling), loosely clench your fists, keeping the wrists relaxed. The wrists can either stroke your partner with the outer edges of the loose fist or with the front of the knuckles. The speed and rhythm of the movement will be brisk and firm, alternating the hands, without too much thumping.

While hacking, the outer edge of the hand is used to stimulate the area by striking it quickly with alternate hands. The movement is brisk, working rhythmically and rapidly over very relaxed wrists and figures, and use the sides of the palm rather than the fingers. Hacking also helps in toning up the muscles and dispersing the fluids.



ICE BREAKERS

Ice Breaker #1 – Throw & Tell

1. Get a fun ball
2. Toss the ball around and whoever catches it has to answer the question
3. Sample questions:
 - a. Favorite food, verse, class, hobby, song, etc.
 - b. Mentor, hero, inspirational person
 - c. Greatest fear
 - d. Best vacation

Ice Breaker #2 – Silent Order

1. Without speaking or making noise, line up the group in order
2. Sample orders:
 - a. Age
 - b. Birth month/date
 - c. Height
 - d. Feet size
 - e. Hair length
3. Rules:
 - a. No mouthing
 - b. Only gestures

Ice Breaker #3 – Question Swap

1. Pass out pieces of paper and pen to each person
2. Have each person write down a question
 - a. Be creative
 - b. No generic questions (i.e. “favorite food, what school do you go to?”)
 - c. Examples:
 - i. “What age would you want to be forever?”
 - ii. “Favorite childhood memory?”
 - iii. “Biggest pet peeve?”
 - iv. “If you could re-live one day, what day would that be?”

3. Have everyone stand in two lines, facing each other
4. Set a timer of about 30 seconds
5. Within that time, both people take turns asking their question and receiving the answer
6. At the end of the 30 seconds, swap the paper that has the question
7. Then have one side move one person down to the left or right (the end person must run around to the other end of the line)
8. Can also be configured in two circles (inner and outer circles, with people facing each other)

Ice Breaker #4 – First Impressions Stick

1. Give post-its and pen to each person
2. Set the timer for 1 minute
3. Have everyone approach one person (they've never met/don't know very well) to meet and greet
4. At the end of the minute, everyone must write their first impression on their post-it and stick it on their partner's back
5. Rules:
 - a. Keep it anonymous
 - b. Keep it positive
6. Continue on to the next person for one minute and repeat the process

Ice Breaker #5 – Who's On The Hot Seat

1. Have everyone sit in a circle
2. Pick a person in the group to be in the "hot seat"
3. Have another person in the group be the "artist/scribe"
4. Everyone in the circle gets to ask one question to the "hot seat" person
5. While each person is asking their question, the "artist/scribe" draws the "hot seat" person's portrait on one side of the paper and the answers on the back
6. At the end, the "artist/scribe" reveals the portrait to everyone and presents to the "hot seat" person

MORE ICE BREAKERS:

Solve the Puzzle:

1. Print off a Bible verse in a large font
2. Cut out each word
3. Divide the group into pairs or smaller groups
4. See who can put the Bible verse puzzle back together, without using your Bibles

Special Moments:

1. Pass out pieces of paper and pen to everyone
2. Give everyone 3 minutes to draw a significant event that occurred this past year
3. Depending on the size of the group:
 - a. Everyone shares to the entire group
 - b. Split the group in half and share with partner

Two Truths & One Lie

1. Have one person list 3 “facts” about themselves, except one of the “facts” is a lie
 - a. Examples:
 - i. #1: “I’m afraid of heights”
 - ii. #2: “I have two cats and one dog”
 - iii. #3: “I went sky-diving”
2. The other people must guess which one is a lie
3. The person sets the record straight by revealing which one of the “facts” was a lie



LEADS 2014

UCHURCH MASTER PLAN OF EVANGELISM

BY

DAVID SHIN, UCHURCH PASTOR (EAST LANSING)

Draft of the University Church Master Plan of Evangelism (2014-2017)

Philosophy

- **Focus on Workers:** Leverage and train current Adventist students, new converts, and members to become workers (soul winners)

Mechanism

- “**Bible University**” – every convert will be enrolled in Bible University (TCC in University context) where Pastors/Elders will become a coach in classroom and field. There will be two phases of training one for becoming a worker and advanced training for after becoming a worker.
- Utilize small groups as connecting point in evangelism cycle
- Utilize current MI conference departments in evangelism cycle to accelerate the process such as: summer LE program and Emmanuel Institute

Goal to have 80 active workers in 5 Years and 1 church plant on campus

- with a 75% increase each year (factoring in 25% loss each year from graduations and transfers)
- each convert will be trained as a worker
- each worker will win one person per year

5-Year Plan for Workers

2014 – 15 Workers

2015 - 25 Workers and Two Church Services

2016 – 45 Workers

2017 – 80 Workers and large-scale Evangelistic Series

**Annual Cycle of Evangelism in University Church Context at MSU
(based on semester system cycle)**

Stage 1 – September

Focus: Identification of Interests

- Cold
- Social circle of Adventist students
- Freshman

Events in Sept:

- Welcome Sabbath Weekend first Sabbath of school year where students can invite their friends to church.
- Mass door to door in student housing first 4 Sabbaths of September
- Surveys at Student Union on Fridays
- Surveys at freshman dorms weekly
- Personal listing of contacts among students
- Training on how to give personal invitation and surveys with hands-on coaches in field
- Organized prayer for contacts by name

Goal: Mass blitz of campus for gathering interests and specific target of freshman

Stage 2 – October - November

Focus: Invitation and Integration

- Bible study
- Church attendance
- Small groups

Goal: Have all “A” interests in all three above by Thanksgiving

Event: Campus Fall Retreat

Stage 3 – Thanksgiving – February

Focus: Decisions

- Accept Christ as Savior and Lord
- Keeping Sabbath
- Baptism

Goal:

Gain the 3 decisions above in “A” interests by end of January

Events

- Organized prayer for every contact
- Advanced training on how to gain decisions
- Altar call for specific decisions above every Sabbath sermon
- Revival meeting just before Thanksgiving
- GYC sponsorship in December
- Reaping meeting in February
- Campus Winter Retreat

Stage 4 – March - August

Focus: Discipleship

- Fast Class during Sabbath School
- Wednesday Discipleship Class

Immersion

- Canvassing in summers in Michigan Conference LE programs
- Emmanuel Institute 10-day Program for select leaders

Stage 5

Worker (Repeat and Enlarge)

- Weekly upper level discipleship in advanced training and leadership as a soul winner
- Church positions of leadership
- Regular meetings to go over interests
- Develop a league of souls winners/workers sold on overall vision



LEADS 2014

EVANGELISM CYCLE FOR PUBLIC CAMPUS
MINISTRY

BY

ISRAEL RAMOS, CAMPUS DIRECTOR



CAMPUS Evangelism Cycle

The goal is a successful, systematic conference-wide public campus ministry program that effectively trains and wins souls for Christ.

• JULY

- L.E.A.D.S. (Leadership Education and Development Seminar)
 - Preparing, training, and equipping students & UCHURCH pastors for soul-winning in the upcoming school year
 - Introduce school year THEME & Prayer Focus
 - Adventist Student Groups “Praise & Reports”

• AUGUST

- Ministerial Retreat
- Launch Missionary Training Program (MTP)
 - Prepare CAMPUS house for students’ room & board
 - MTP partnership with Emmanuel 3 Week Evangelism Program

• SEPTEMBER

- MTP Program relocates back to CAMPUS Headquarters
 - Training courses begin
 - Missionaries integrate into UCHURCH (East Lansing)
- Student Welcome Weekend
 - Friday Evening Vespers
 - Student Dedication on Sabbath in local churches
 - Sunday Welcome Picnic & Care Group Signup
- Implementation of Stage 1*
- Campus Visitations
 - Hands-on evangelism training
 - Organize prayer for contacts

• OCTOBER

- First Semester Collegiate Sabbath
 - Conference-wide student sowing Sabbath program
 - Hosted by a local UCHURCH (*TBD*)
 - Mass outreach event
 - Focus on conviction
- Missionary Training Program
- Implementation of Stage 2*

- **NOVEMBER**

- CAMPUS Fall Retreat & HI-C
 - State-wide public student retreat at Camp Au Sable
 - Partnership with Youth Department
 - Students invite non-Adventist friends
 - Evangelism focus: Christ, as personal Savior and commitment to Christian (Adventist) life
- Missionary Training Program
- Implementation of Stage 3*
- Student Thanksgiving
 - Implement in local churches & CAMPUS House

- **DECEMBER**

- Continuation of Stage 3*
- Coordinate GYC trip for student groups
 - Invite contacts
 - Get local churches to sponsor contacts
- MTP Semester 1 Ends
 - Missionary evaluations
 - Missionaries move out until January
 - Semester Evangelism Review & Cleaning
- CAMPUS/UCHURCH Evaluations & Adjustment Planning
- Christmas Break
- GYC Annual Conference

- **JANUARY**

- CAMPUS Residents move to Upper Peninsula for evangelism in Houghton UCHURCH
- MTP resumes for Semester 2
- Resume Care Group Ministry for Semester 2
- Continuation of Stage 3*
- Preparing contacts for Winter Retreat Evangelism
- Ministerial Retreat

- **FEBRUARY**

- CAMPUS Winter Retreat
 - State-wide public student retreat at Camp Au Sable
 - Reaping meetings
- CAMPUS Spring Break Faith Trip
 - Affirming Winter Retreat decisions
 - Immediate immersion in outreach and sharing

- Visit other campuses or local mission opportunities
 - Missionary Training Program

- **MARCH**
 - Implementation of Stage 4*
 - Campus Visitations
 - Discipleship
 - Advanced Leadership Training
 - Preparing student leadership for next school year
 - Recruiting for MTP and canvassing
 - Visit residents in the U.P.
 - Evangelism

- **APRIL**
 - End of Year Collegiate Sabbath
 - Final Baptisms
 - MTP Graduation & Commissioning
 - Senior Recognition & Student Dedication
 - Focus on decisions
 - Implementation of Stage 4*

- **MAY**
 - Implementation of Stage 4*
 - Conclude Missionary Training Program
 - Final evaluations of ministry & evangelism
 - CAMPUS Year-End Review
 - Evaluation & adjustment meetings
 - House cleaning
 - Transition to summer Care Group Ministry

- **JUNE**
 - Preparation for implementation of Stage 5*
 - Students on break or canvassing
 - Summer ministry mode
 - Recruit for MTP
 - Michigan Camp Meeting

** See Draft of the University Church Master Plan of Evangelism (2014-2019)*

		Residents/VMSU Missionaries	Univ. Student Leaders [26 Souls Total; 25 Workers Total]	Local Church Pastors	
Stage 1: Planning	July	LEADS in preparing, training, and equipping for soulwinning; introduce school year theme, evangelistic cycle, and prayer focus for evangelism; care group training; student group praise and Report; launch goal: 15 workers			
		Canvassing [6 students]		Bible Univ. Starts	
	August	Launch MTP	Gaining Interests	Ministerial Retreat	
<i>Emmanuel three week program</i>		Bible work training; door to door work; preparation for East Lansing soulwinning			
Stage 2: Evangelism Push & Identification	September	Training courses begin: personal spirituality and care group training	Mass door to door in student housing; surveys on Fridays; surveys at freshman forms weekly; personalisting contacts among students; training on personal invitation and surveys with field coaches; organized prayer for contacts; care group signups*		
		Student Welcome Weekend Friday evening Vespers, student medication on Sabbath and local churches, Sunday welcome and care group signups*			
		8-10 care groups / 20-50 local non-SDAs*			
		Campus visitations in evangelism training, organize prayer for contacts			
Stage 3: Invitation and Integration	October	Care groups (30-40% visiting church)			
		Collegiate Sabbath progress assessment; mass outreach event on local university; Campus Evangelism Rally at VSU			
		Student thanksgivings in concerted local church and CAMPUS outreach			
Stage 4: Decisions	November	Care groups (75% of initial group attend retreat)		UCHURCH Revival	
		Fall Retreat of HI-C state-wide student retreat; invitation for non-Adventist friends; evangelism focus on Christ's personal Savior (~30 non-SDA's make decision for Christ)			
	December	Missionary evaluation of soulwinning status	GYC trip for students to invite contacts (10 SDA: 10 non-SDA)	Local churches sponsor GYC attendance	
		Care Groups Focus: church attendance			
	January	Residents move to UP for MTU evangelism	Mass door to door in student housing; surveys on Fridays; surveys at freshman forms weekly; personalisting contacts among students; training on personal invitation and surveys with field coaches; organized prayer for contacts; care group signups*		
		Care groups (Reboot: 50-65 people total)*		Ministerial Retreat	
		Preparation for Winter Retreat evangelism			
	February	Winter Retreat state-wide student retreat for decisions to baptism			
Care groups (focus: reaping meeting and faith trip)					
Visit residents in UP / UP Evangelism		Reaping Meetings			
Stage 5: Discipleship		Spring Break Faith Trip affirm retreat decisions; immersion in outreach			
	March	MTP recruitment	Campus visitations in discipleship; advanced leadership training, leadership transition preparation		
		Residents to UP evangelism	CAMPUS staff evangelism on campuses		
		Care groups (remaining baptisms)			
	April	Collegiate Sabbath progress assessment; final baptisms; MTP graduation; senior recognition; student medication; focus on decisions			
Care groups (transition to summer)					
Stage 6: Repeat and Enlarge	May	MTP concluded; final evaluations	Final evaluations		
	June	Canvassing [12 students]		Michigan camp meeting	
		Recruit for MTP [6 recruits]			



LEADS 2014

HOW TO MAKE YOUR STUDENT GROUP THRIVE

BY

JUDY RAMOS, (FORMER) PRESIDENT, ADVENTIST STUDENTS FOR CHRIST
UNIVERSITY OF MICHIGAN

How to Make your Adventist Student Organization Thrive

Presented by Judy Ramos

1. HAVE A CLEAR VISION & MEASURABLE GOALS

- _____
- _____
- _____
- _____

2. DEVELOP & CULTIVATE STRONG LEADERSHIP

- _____
- _____
- _____
- _____

3. BE RESOURCEFUL

- _____
- _____
- _____
- _____

4. PROMOTE EFFECTIVELY & WELL

- _____
- _____
- _____
- _____

5. PLAN EXCELLENT, UNIQUE PROGRAMS

- _____
- _____
- _____
- _____

6. ENGAGE GROUP MEMBERS & BUILD COMMUNITY

- _____
- _____
- _____
- _____

7. CREATE SPECIAL TRADITIONS & MEANINGFUL MEMORIES

- _____
- _____
- _____
- _____



RUNNING AN EFFECTIVE LEADERSHIP MEETING

- Start on time!
- Pray & share short worship thought
- Create a clear agenda & realistic time frame for meeting
- Meet consistently in the same, convenient place
- Give at least a week's notice and reminder the day before
- Make sure someone is writing down updates, ideas, & decisions
- Have a system for making decisions (eg Robert's Rules of Order, majority approval, use of subcommittee, etc.)
- Delegate effectively and involve everyone
- Keep meeting flowing and on task
- Before closing, review and confirm responsibilities before next meeting
- Add items to next meeting's agenda
- End on time!
- Close with prayer & ask for God's blessing on plans made
- Make sure minutes are sent out to everyone
- Reflect on how things can be improved for next time



TIPS FOR WEEKLY MEETINGS

- Pray for success
- Announce meeting at least a week in advance
- Invite members & friends via flyers, email, social media
- Offer rides if meeting location is off campus
- If possible, offer snacks & refreshments
- Have leaders arrive 10-15 minutes early
- Start on time!
- Allow time for song service & prayer time
- Have a short ice-breaker before each meeting to help mingle
- Allot a specific length of time for each portion of the meeting
- Give each person leading out specific time allowance
- If there are visitors, make sure person leading out is introduced
- Keep meetings organized, interesting, and interactive
- Invite different speakers with different styles to come speak
- Ensure messages are Bible-based and practical
- Take a pictures from time to time
- Share announcements and invite everyone to next meeting
- Close with prayer
- End on time!



WAYS TO GET MEMBERS INVOLVED

- Lead out in song service
- Share a special music
- Prayer Time: writing down prayer requests/praises in journal
- Take pictures, videos, or record messages
- Make flyers or create group website
- Admin for group FB page or Instagram account
- Bring snacks or drinks
- Share a testimony
- Lead out in an icebreaker
- Do Scripture Reading or Offertory at church
- Promote events on their FB or flyering the campus
- Coordinate game nights or sports/exercise days
- Time keeper during meetings/events
- Give other students rides to church or events
- Make surveys and have members fill them out

Suggestions for Non-Board Positions:

- ✓ Transportation Coordinator
- ✓ Food/Snack Coordinator
- ✓ Prayer Leader
- ✓ Praise Leader
- ✓ Historian
- ✓ Graphic Designer



PROMOTE, PROMOTE, PROMOTE!

- Set up a booth at Welcome Week & other campus-wide events
- Order new group gear each year & wear to meetings or big events
- Produce catchy flyers, posters, & invitations to your events
- Utilize social media and create accounts for your group
- Make a website that's connected to your school website
- Ask for a section on your church's website
- Enter campus contests/apply for any available awards
- Create events to promote what your group stands for
- Advertise big at big events, but personal invites always work best
- Team up with another organization on campus for a joint effort
- Connect with your community to get sponsors for events
- Submit articles about your group to your school newspaper
- Keep your local church informed via bulletin but also announcements up front



BE RESOURCEFUL

- Read & learn your school's student organization handbook
- Take full advantage of what your campus has to offer
- Take time to create a good budget proposal. Plan ahead!
- Talk to your pastor about submitting a budget to the church board
- Create a realistic budget based on what your school and church is willing to give
- Hold fundraisers on campus or through church
- Sell your group's t-shirts or other gear to church members as a fundraiser
- Provide regular budget reports to your members for accountability
- Utilize your church family and alumni for ideas and resources
- Connect with the community to find event sponsors or donations
- Team up with church events and invite students on campus
- Contact & connect with CAMPUS, NAD Public Campus Ministry, and GC Public Campus Ministry!



EVENT IDEAS

- Welcome Picnic
- Adventist Awareness Week
- Week of Prayer on campus
- Making cards/singing for patients at hospital & nursing home
- Vegetarian Food Fest
- Health Expo
- Sports/Workout Days
- Breakfast Club
- Study Nights
- Game Night
- Canoe/Camping/Museum Trip
- Evangelistic Meetings on campus
- Creation vs. Evolution Presentation
- Stop Smoking Seminar
- Poor Students' Cooking School
- Campus 5K
- Big Brother/Big Sister Fun Day for church kids
- Praise Night
- Christmas Gift Exchange, Caroling, Party
- Thanksgiving Dinner
- Campus Scavenger Hunt
- Sabbath Outreach
- Community Service Project/Organize a Mission Drive



STRESS MANAGEMENT TIPS FOR STUDENTS

- Get at least 7 hours of sleep per night.
- Set aside time to do things you enjoy and LAUGH.
- Eat healthy – strive for 5 (fruits & veggies).
- Exercise regularly – just a 10 min. walk can alter your mood.
- Learn to say “No”. Know your limits and don’t compromise them.
- Switch your study space until you find a place that works best for you.
- Take 10 deep breaths through your nose. Relaaaaaax.
- Commit to go to church and keep the Sabbath each week.
- Don’t skip class. It just causes you more stress in the long run.
- Avoid procrastinating. If you can avoid it, it’s not worth doing it.
- Use a calendar/planner to organize your responsibilities.
- Focus on one thing at a time and peg a time limit for each task.
- Say “No” to drugs & alcohol. Trust me, you want your brain cells.
- Have healthy relationships and cut out those who bring you down.
- Create a budget for your monthly expenses. Pay tithe & offering. God will honor your giving. Include an allowance for fun too.
- Get a massage or do something that will help you unwind.
- Take advantage of study groups, office hours, and tutoring.
- Double-check all exam times and locations.
- Stop wasting time. Prioritize and cut out what’s not important.
- Take the time to help others. You’ll be less likely to get depressed.
- Ask for help! Family, friends, counselors, and advisors are here to help you. Don’t be afraid to lean on them from time to time.
- Consecrate yourself and your plans to God every morning. A right start makes all the difference in how your day will go.



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